

PHYSICAL EDUCATION WITH THE P.E. POSSE

Physical Education Virtual Learning:

Go Noodle Week! Week of April 20th- 24th

Monday: Wake Up Fresh Start:

[https://www.bing.com/videos/search?q=wake+up+fresh+start+go+noodle+youtube&](https://www.bing.com/videos/search?q=wake+up+fresh+start+go+noodle+youtube&view=detail&mid=8)

Tuesday: Pump it Up:

[https://www.bing.com/videos/search?q=wake+up+fresh+start+go+noodle+youtube&](https://www.bing.com/videos/search?q=wake+up+fresh+start+go+noodle+youtube&view=detail&mid=8)

Wednesday: Full Speed:

[https://www.bing.com/videos/search?q=wake+up+fresh+start+go+noodle+youtube&](https://www.bing.com/videos/search?q=wake+up+fresh+start+go+noodle+youtube&view=detail&mid=8)

Thursday: Rock Out:

<https://www.bing.com/videos/search?q=rock+our+go+noodle&&view=detail&mid=8>

Friday: Blast Off:

<https://www.bing.com/videos/search?q=Total+Motion+Hi+Res&&view=detail&mid=2A>

